

## Sickness Policy

If a child is considered to be unwell while attending the setting, a senior member of staff will assess the child. If a child is unwell, we will contact the parent/carer, or one of the emergency contacts, for the child to be collected.

In emergencies we will follow our first aid procedures and phone for paramedics. Where appropriate we will administer medicine or medical care in accordance with our Medication policy.

If a child is unwell, or has an infectious illness we require them to be kept at home until the infectious period is over. The Department of Health recommend the following periods for children to be kept away from nursery:

Illness	Exclusion Period
Antibiotics prescribed	24 hours after commencing antibiotics
Chicken pox	At least 5 days from onset of rash and until all blisters have crusted over
Conjunctivitis *	Following Doctor's appointment: Bacterial - 24 hours from onset, with medication. Viral - no exclusion with letter from doctor
Respiratory infections including coronavirus (COVID-19)	If they have a high temperature and are unwell children should not attend until better If positive test result for COVID-19 they should not attend 3 days after test
Diarrhoea/ Vomiting	48 hours diarrhoea &/or vomiting has stopped
Flu (influenza)	Until recovered
Hepatitis A	7 days after onset of jaundice (or 7 days after symptom onset if no jaundice)
Impetigo	Until lesions are crusted or healed or 48 hours after starting antibiotic treatment
Measles	4 days from onset of rash if well enough
Meningitis or septicaemia*	Until recovered
Mumps	5 days from onset of swelling
Ringworm	Until Treated
Rubella (German measles)	5 days from onset of rash
Scabies	Until treated
Scarlet Fever	24 hours after commencing antibiotics
Shingles	Only exclude if rash is weeping and cannot be covered.
Tuberculosis (pulmonary)	At least 2 weeks after start of effective antibiotic treatment & consult with local HPA. No exclusion for non-pulmonary or latent TB infection
Whooping cough	5 days from commencing antibiotics or 21 days without antibiotic
Antibiotics	24 hours after commencing antibiotics

Where more than 4 children have conjunctivitis then the cases are not isolated and the setting will request that children with viral and bacterial conjunctivitis remain at home in order to prevent an epidemic.

Confidentiality will be preserved, but in cases of infectious illness, other parent/carer's will be notified. Information will include details of the illness, possible symptoms and guidance. In the case of a serious illness, sickness outbreak or notifiable disease ([www.hpa.org.uk](http://www.hpa.org.uk))

OfSTED and Public Health England (0844 225 3560) will be notified as appropriate. Health Protection Agency will be contacted in any case where further advice is required.

Reviewed: May 2022