

## Sickness Policy

If a child is considered to be unwell while attending the setting, a senior member of staff will assess the child. If a child is unwell, we will contact the parent/carer, or one of the emergency contacts, for the child to be collected.

In emergencies we will follow our first aid procedures and phone for paramedics. Where appropriate we will administer medicine or medical care in accordance with our Medication policy.

If a child is unwell, or has an infectious illness we require them to be kept at home until the infectious period is over. The Department of Health recommend the following periods for children to be kept away from nursery:

Illness	Exclusion Period
Chicken pox	5 days from onset of rash (provided spots have scabbed and are beginning to fall off)
Conjunctivitis *	Following Doctor's appointment: Bacterial - 24 hours from onset, with medication. Viral - no exclusion with letter from doctor
Diarrhoea/ Vomiting	48 hours after last episode diarrhoea &/or vomiting.
Flu (influenza)	Until recovered
German measles	6 days from onset of rash
Impetigo	Until lesions are crusted or healed
Measles	4 days from onset of rash
Mumps	5 days from onset of swollen glands
Ringworm	Until Treated
Scabies	Until treated
Scarlet Fever	24 hours after commencing antibiotics
Shingles	Only exclude if rash is weeping and cannot be covered.
Tuberculosis	Consult with local HPA
Whooping cough	5 days from commencing antibiotics or 21 days without antibiotic
Antibiotics	24 hours after commencing antibiotics
Hand, foot and mouth	None
E.coli	Should be excluded for 48 hours from the last episode of diarrhoea. Further exclusion may be required for some children until they are no longer excreting
Threadworms	None

Where more than 4 children have conjunctivitis then the cases are not isolated and the setting will request that children with viral and bacterial conjunctivitis remain at home in order to prevent an epidemic.

Confidentiality will be preserved, but in cases of infectious illness other parent/carer's will be notified. Information will include details of the illness, possible symptoms and guidance. In the case of a serious illness, sickness outbreak or notifiable disease ([www.hpa.org.uk](http://www.hpa.org.uk)), the setting will notify OfSTED and Public Health England (0844 225 3560) as appropriate.

The setting will contact the Nurse Educators or Health Protection Agency in any case where further advice is required.

PHE - Centre Contact Details:

West Midlands PHE Centre  
6th Floor 5 St Philip's Place Birmingham B3 2PW  
Tel: 0344 225 3560

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